

LEGEND

- - Easy, flat or relatively so
- - Moderate, generally hilly
- ◆ - Difficult, steeper
- ◆◆ - Much more difficult, very steep
- ♿ - Accessible to some people with disabilities
- ♿♿ - Restroom at trailhead or in vicinity. Many restrooms are closed in the winter
- Paved—Asphalt or concrete
- Gravel—Gravel surface
- Natural—Improved natural surface trail

MANITOU SPRINGS

Creek-Walk 3/4 mile; ● gravel

Take Hwy. 24 west to 31st. St.; north to Colorado Ave., then west to Manitou Ave. Park at Shryver Park on Manitou Ave.

This Manitou Springs trail follows Fountain Creek from Shryver Park Pool to just west of the Briarhurst Restaurant.

Intemann Trail ■ 5 miles; natural

Trailheads exist in Section 16 off Lower Gold Camp Road, Crystal Park Road in Manitou Springs just before the private Crystal Park community and near the Iron Springs Chateau on Ruxton Ave. Take Hwy. 24 to 21st St; go south on 21st to Lower Gold Camp Road; west to Upper Gold Camp Road; then south to the trailhead on the west side of the road for the Section 16 access. In Manitou Springs, take Ruxton west to the trailhead.

This moderate trail offers the natural beauty of the foothills and easy access from the city below. This trail consists of two parts: the Section 16 portion to an overlook west of Crystal Park Road, and from the Manitou Cemetery to Ruxton Ave. About 1 1/2 miles of trail remain to be built between Manitou High and the overlook at the edge of Manitou Mesa Subdivision. Please do not cross private property. The trail stays around a 6,500 foot elevation. Hikers traverse forests of Douglas Firs and Ponderosa Pines. Wildlife abounds with many types of birds, rabbits, mule deer, marmots, squirrels and raccoons. There are panoramic views of the city below. The trail also links to the Red Mountain Trail a spur near the Iron Springs Trailhead. Another spur accesses a waterfall. Go up Section 16 to the Intemann Trail to access the spur.

Manitou Section 16 ■

Take Hwy. 24 to 21st St; ◆ go south on 21st to Lower Gold Camp Road; west to Upper Gold Camp Road; then south to the trailhead on the west side of the road.

This magnificent 640-acre open space contains native vegetation, spectacular geological exposures and wildlife habitat. Topography varies from steep, mountainous terrain to moderate slopes, mesas and canyons. It provides magnificent overlooks of Colorado Springs and Red Rock Canyon and access to the Intemann Trail and the Palmer Red Rocks Loop Trail.



Red Mountain Trail ■ 1 mile; natural ◆

The recommended access point is the Iron Springs Trailhead for the Intemann Trail on Ruxton Ave.. Follow signs from there up Spring Street, continuing past a gate and onto a fire road that doubles as the Intemann Trail. About a half-mile from the trailhead is a sign identifying the Red Mountain spur.

This moderately difficult trail goes to the summit of Red Mountain, a piece of open space acquired by the City of Manitou Springs. It is a spur off the Intemann Trail. Views from the summit include a picturesque angle of Pikes Peak, Ute Pass and much of Manitou Springs and Colorado Springs. At the top, you can see the remains of the old Red Mountain Incline Railroad. According to records, bands played there under a pavilion and people danced and partied before catching the train back down. The Intemann Trail Committee has built the entire trail.